

A thick yellow line that starts as a horizontal bar on the left, then drops sharply to a point, rises to a peak, and then drops to a lower horizontal bar. This line forms the left side of the word 'Vital Signs', where the 'V' is the peak and the 'S' is the lower bar.

# Vital Signs

Sundays 10.45am





Vital Signs

# 4. GROWTH

#vitalsigns  
@burlington\_ips  
@simongharris





# Vital Signs

## **GROWTH**

is to be expected

**Matthew 13:8**

Still other seed fell on good soil, where it produced a crop - a hundred, sixty or thirty times what was sown.

# Vital Signs

## GROWTH

is to be expected

Matthew 13:31-32

‘The kingdom of heaven is like a mustard seed, ..Though it is the smallest of all seeds, yet when it grows, it is the largest of garden plants and becomes a tree, so that the birds come and perch in its branches.’





# Vital Signs

## **GROWTH**

is to be expected

John 15:5

I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing

# Vital Signs

**GROWTH**  
is natural

*But we can create  
the conditions!*

1 Corinthians 3:6  
I planted the seed, Apollos watered it, but  
God has been making it grow





# Vital Signs

## **GROWTH**

is to change

**Philippians 3:13-14**

**But one thing I do: forgetting what is behind and straining towards what is ahead, I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus.**

**Where might you be caught in that cycle?**

- I want to grow**
- I don't want to change!**





# Vital Signs

## GROWTH

is to become like Jesus

Romans 8:29

For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters.



# SOAP

*What is God saying?  
What am I going to do about it?*

## Scripture

*Read the text*

## Observation

*What does the passage tell us about God,  
his people, and/or life?*

*What are the promises, principles,  
commands or warnings?*

## Application

*What is God saying TO ME and what AM  
I going to do about it?*

*Who can I share with what I have  
learnt before next week?*

## Prayer

### *The Goal*

- For everyone to hear God speak and decide what they are going to do about it
- To provide encouragement, accountability and prayer

### *Top tip*

- Spend at least half the time on Application & Prayer
- Give time for thanksgiving, sharing of needs and offers of help

Step into life

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Do not  
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## **Application**

*What is God saying TO ME and what AM I going to do about it?*

*Who can I share with what I have learnt before next week?*

## **Prayer**

### *The Goal*

- For everyone to hear God speak and decide what they are going to do about it
- To provide encouragement, accountability and prayer

### *Top tip*

- Spend at least half the time on Application & Prayer
- Give time for thanksgiving, sharing of needs and offers of help

Step into life

Do not  
decide



# Vital Signs

**ARE WE**

**ii. POSITIONED for growth?**

**Mark 3:14**

**He appointed twelve that they might be with him ...**

**Is the climate right ?**





# Vital Signs

**Who might  
you need to  
move closer  
to?**



# Vital Signs

**ARE WE**

**iii. PRUNED for growth?**

**John 15:2**

**He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful.**

**What's stopping the growth?**





Vital Signs

**What's  
hindering  
your  
growth?**



# Vital Signs

**Expect growth**

you've been chosen for it!

John 15:16

You did not choose me, but I chose you and appointed you so that you might go and bear fruit - fruit that will last - and so that whatever you ask in my name the Father will give you





# Vital Signs